

# Kalon Ludvigson INVITATIONAL

5<sup>th</sup> Annual Kalon Ludvigson Invitational  
March 20-21 2015

## \*FINAL SCHEDULE\*

### THURSDAY MARCH 19

6:30 – 8:30 PM Training for all Elite and International Delegations

### FRIDAY MARCH 20

9:00-11:00 AM Training for all Level 8, 9, 10 and Elite

### SESSION 1

12:00-12:45 PM Session 1 Warm-Up (Session 1 Athletes Only)

TRAMPOLINE 1	
1:00	L10 G 10-12
1:30	L10 B 10U, 13-14 L10 G 13-14 FLT1
2:00	L10 G 13-14 FLT2
2:30	L10 G 15-16
3:15	L10 B 15-16 17+

TUMBLING 1	
1:00	L9 G 13-14 FLT1
1:30	L9 G 13-14 FLT2
2:00	L9 G 15+
2:30	L9 G 10U, 11-12
3:00	L9 B All Ages

DOUBLE MINI 1	
1:00	L9 B All Ages
1:30	L9 G 15+
2:00	L9 G 10U, 11-12
2:30	L9 G 13-14
3:00	L8 G 11-12
3:30	L8 B 10U, 11-12, 13-14

TUMBLING 2	
1:00	L8 G 11-12
1:30	L8 B 13-14, 15+
2:00	L8 G 15+ FLT1
2:30	L8 G 15+ FLT2
3:00	L8 G 10U, 13-14
3:30	L8 B 10U, 11-12

DOUBLE MINI 2	
1:00	L8 B 15+
1:30	L8 G 13-14 FLT1
2:00	L8 G 13-14 FLT2
2:30	L8 B 10U, 11-12, 13-14
3:00	L8 G 15+ FLT1
3:30	L8 G 15+ FLT2

### SESSION 2

4:00-5:00 PM Session 2 Warm-Up (Session 2 Athletes Only)

TRAMPOLINE 1	
5:15	YTH, OPE, SNR G
6:00	YTH, JNR B
6:45	L10 G 17+
7:30	OPE & SNR FLT1 B
8:15	SNR FLT2 B

TUMBLING 1	
5:15	L10 10-12, 13-14 B&G
5:45	SNR & OPE G
6:10	SNR & OPE B
6:35	YTH & JNR G
7:00	YTH & JNR B
7:20	L10 B&G 15-16
7:50	L10 B&G 17+

DOUBLE MINI 1	
5:15	ALL ELITE B
6:00	YTH & OPE G
6:25	JNR & SNR G
6:55	L10 B 15-16
7:20	L10 G 15-16, 17+FLT1
7:40	L10 G 17+ FLT2
8:00	L10 B 10-12, 13-14
8:30	L10 G 10-12, 13-14
9:00	L10 B 17+

**SATURDAY MARCH 21**

**SESSION 3**

TRAMPOLINE 1		TUMBLING 1		DOUBLE MINI 1	
8:00	L9 B&G 15+	8:00	L7 G 8U, 9-10	8:00	L8 G 10U
8:45	L9 B&G 13-14	8:30	L7 G 11-12 FLT1	8:20	L7 G 9-10
9:15	L9 B&G 10U, 11-12	8:55	L7 G 11-12 FLT2	8:45	L7 G 15+
9:45	L8 G 15+	9:20	L7 G 13-14 FLT1	9:15	L7 G 11-12
10:30	L8 B 15+	9:55	L7 G 13-14 FLT2	9:40	L7 B 9-10, 11-12
11:00	L8 G 13-14	10:20	L7 B 8U,9-10,11-12	10:00	L7 B 13-14, 15+
11:30	L8 B 11-12, 13-14	10:40	L7 G 15+	10:30	L7 G 13-14 FLT1
12:30	L8 G 11-12 FLT1	11:25	L7 B 13-14, 15+	11:00	L7 G 13-14 FLT2
1:00	L8 G 11-12 FLT2	12:00	L9 FINALS WARM UP	11:30	L9 FINALS WARM UP
1:30	L8 B&G 10U	12:30	L9 B All Ages F	12:30	L9 G 15+ F
2:00	L7 G 13-14	12:50	L9 G 10U, 11-12 F	1:00	L9 B All Ages F
2:30	L7 B 11-12,13-14,15+	1:10	L9 G 13-14 F	1:30	L9 G 10U, 11-12 F
3:00	L7 G 11-12	1:40	L9 G 15+ F	2:00	L9 G 13-14 F
3:30	L7 B&G 9-10				

TRAMPOLINE 2		TUMBLING 2		DOUBLE MINI 2	
8:00	L2 L3 L4 B&G All	8:00	L6 G 11-12 FLT1	8:00	L4 B&G All Ages
8:25	L5 G 13-14, 15+	8:25	L6 G 11-12 FLT2	8:20	L5 B All Ages
9:00	L5 G 11-12 FLT1	8:50	L6 G 9-10 FLT1	8:50	L2 L3 B&G All Ages
9:25	L5 G 11-12 FLT2	9:15	L6 G 9-10 FLT2	9:10	L5 G 8U
9:50	L5 G 9-10	9:40	L6 G 8U	9:35	L6 B All Ages
10:20	L6 B&G 15+	10:00	L6 B All Ages	9:55	L5 G 11-12 FLT1
10:40	L5 B All Ages	10:30	L5 G 8U	10:25	L5 G 11-12 FLT2
11:10	L6 G 13-14	11:20	L6 G 15+	10:55	L5 G 13-14
11:40	L7 G 15+	11:40	L3 B&G All Ages	11:15	L5 G 9-10 FLT1
12:30	L6 B&G 9-10	12:30	L4 B&G 11-15+	11:40	L5 G 9-10 FLT2
1:00	L6 B&G 11-12	1:00	L4 B&G 7-18, 9-10	12:30	L6 G 13-14 FLT1 & 15+
1:20	L5 G 8U	1:20	L5 B All Ages & G 15+	12:55	L6 G 13-14 FLT2
1:40	L6 B&G 8U	1:40	L5 G 9-10 FLT1	1:20	L6 G 11-12 FLT1
		2:00	L5 G 9-10 FLT2	1:45	L6 G 11-12 FLT2
		2:20	L5 G 11-12 FLT1	2:10	L6 G 9-10 FLT1 & 8U
		2:40	L5 G 11-12 FLT2	2:35	L6 G 9-10 FLT2
		3:00	L5 G 13-14		
		3:20	L6 G 13-14 FLT1		
		3:40	L6 G 13-14 FLT2		

**SATURDAY MARCH 21 CONTINUED**

4:00-5:00 Session 4 Warm-Up (Session 4 Athletes Only)

**SESSION 4 Level 10 & Elite Finals**

TRAMPOLINE 1	
5:00	All Elite Girls
5:30	Youth & Junior B
6:00	Senior & Open B
6:30	L10 G 17+
7:00	L10 B 15-16, 17+
7:30	L10 G 15-16
8:00	L10 G 13-14
8:30	L10 B 13-14 L10 B&G 10-12

TUMBLING 1	
5:00	Senior & Open G
5:30	Senior & Open B
6:00	Youth & Junior G
6:30	Youth & Junior B
7:00	L10 B&G 10-12, 13-14
7:30	L10 B&G 17+
8:00	L10 B&G 15-16

DOUBLE MINI 1	
5:00	All Elite Boys
5:30	Youth & Open G
6:00	L10 B 17+
6:30	Junior & Senior G
7:00	L10 G 15-16, 17+
7:30	L10 B 10-12, 13-14
8:00	L10 G 17+
8:30	L10 B 15-16
9:00	L10 G 10-12, 13-14

Session 4 Awards will be presented after the last event.

